



THE
IONA
CAFÉ

breakfast

bacon and egg roll with BBQ sauce \$6.00
muesli, vanilla yogurt and berry compote \$5.50

sandwiches & wraps

ham, cheese and tomato \$4.50
chicken, cheese and tomato \$5.00
salad sandwich \$4.50
tomato, cucumber, spanish onion, local mixed lettuce, coleslaw
roast beef sandwich \$4.50
seeded mustard, spanish onion, baby spinach, cheese
turkey sandwich \$4.50
rocket, tomato, avocado, cheese

add

panini \$2
wrap \$1.50
gluten free bread \$1.50
salad 50c
avocado 80c
bacon \$1
sauce 70c
aioli, seeded mustard, dijon mustard, BBQ, tomato

salad tubs

chicken, roast pumpkin & fetta salad (GF) \$12
chicken, pumpkin, fetta cheese, salad mix, tomato, cucumber,
spanish onion and honey balsamic dressing
salad of the week \$12
please see specials board

hot food

bacon panini \$8.50
bacon, rocket, tomato, cheese, aioli
chicken burger \$9.50
peri-peri chicken, spinach, tomato, avocado, cheese, sweet chilli aioli
nachos
veggie \$7, beef \$9
pasta of the week \$10.50
please see specials board



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something sweet

fresh selection of tarts \$3.50 each
assorted cakes, slices, donuts \$3.50 each
mixed cookies \$2.50 each
housemade selection of muffins \$3.50 each

hot drinks

origin tea \$3.00
english breakfast, peppermint or green
coffee
regular \$4.00, large \$4.50
holy goat - top paddock blend
cappucino, latte, flat white, mocha, piccolo, macchiato
soy milk, almond milk, lactose free extra 50c
hot chocolate or chai latte
regular \$4.00, large \$4.50

cold drinks

bundy juice \$3.50
orange, orange & passionfruit, orange & mango, apple,
pineapple, old-fashioned lemonade
flavoured milk \$3.50
chocolate or strawberry
water \$3.00
sparkling water \$4.00
iced chocolate \$6.00
chocolate, ice-cream, milk
iced latte \$6.00
ice, fresh brew coffee, milk
iced coffee \$6.00
ice-cream, fresh brew coffee, milk
iced chai latte \$6.00
ice-cream, chai, milk

Please note that we use many different ingredients – if you have any food allergies please notify staff before ordering